

## July at the Library



PRESS RELEASE

FOR IMMEDIATE RELEASE

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Great Falls Library

### **July GFPL Happenings**

Great Falls, Montana – The following events will be taking place at the Great Falls Public Library during the month of July.

#### **Art @ the Library**

In July the Great Falls Public Library is hosting an art exhibit inspired by Great Falls in honor of Paris Gibson month and its celebrations. This exhibit, Celebrating Great Falls, is a shared exhibit with works from artists in the Montana Arts Association and the Studio 706 Artists' Guild, along with selected individual artists. All work, which will range from paintings, ceramics, photographs, and mixed media pieces, will reflect life in Great Falls and the surrounding area. Some will be of historic content.

#### **Bask Under the Big Sky**

The Great Falls Public Library's Adult Summer Reading program, Bask Under the Big Sky, continues throughout the month. Anyone 19 and older with a valid library card can participate. Drawings, both grand prizes to be chosen August 8 at the summer reading party, and weekly, are a part of this program, along with a Community Reads program.

The Community Reads selection is Ruth McLaughlin's Bound Like Grass. Copies are available at the library for

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check out and a discussion of this book is scheduled for September 5.

The Adult Summer Reading program is sponsored in part by the Friends of the Great Falls Public Library.

### **Music in the Library Park**

Join the fun at the Library Park, which is located directly behind the library, at 7:00 PM on Tuesday evenings in July and August for an evening of music in a perfect, relaxing setting. These GFPL and Friends of the GFPL sponsored programs are free and open to the public. For more information call 4534-0349 or check online at [www.greatfallslibrary.org](http://www.greatfallslibrary.org).

*Lee Mitchell July 2, 7:00 PM*

Acoustic guitarist, multi-instrumentalist musician and singer/songwriter originally from England plays blues, folk, jazz, classical, pop, and more.

*Four Shillings Short July 9, 7:00 PM*

Celtic, World, & Folk from these modern day Troubadors. Instruments include sitar, guitar, krumhorn, psaltery, dumbek, charango, bodhran, and more.

*We Ski Cousins July 16, 7:00 PM*

Local singer/songwriter duo play acoustic contemporary.

*Fizzy Watuh July 23, 7:00 PM*

Jazz ensemble from GFHS plays standards, contemporary, and classic jazz. Coltrane to Brubeck and in-between.

*Windy Ridge August 6, 7:00 PM*

Local favorites play a mix of country and gospel.

*Rocky Mountain Celtic August 20, 7:00 PM*

Ken Willson and Kim McKee, two voices with dulcimers, Celtic Harp, accordion, Irish Bouzouki, bodhran, and guitars, return to make non-traditional music by design. A perennial favorite.

*Jeni Dodd & Guest August 27, 7:00 PM*

Jeni, who currently plays with the Sliptones, brings another season to completion with their rendering of original and cover folk and country tunes. She may bring special guest(s).

### **Brown Bag Lunch**

The Great Falls Public Library is hosting a series of Brown Bag Lunches in the Library Park, which is located directly behind the library, on Tuesdays in July from Noon – 1:00 pm. These programs are free and open to the public. For more information on these talks call 453-0349 or check online at [www.greatfallslibrary.org](http://www.greatfallslibrary.org)

*July 2 Native Plants as Herbal Helpers*

Jennyphyr Reiche-Sterling

Well-known local herbalist Jennyphyr will address gathering native plants and their many uses and preparations as herbal helpers.

*July 9 From Garden to Medicine Cabinet*

Jennyphyr Reiche-Sterling

Jennyphyr gives guidelines on how to raise select herbs in this growing zone, along with offering ways to prepare the harvested plants for usage.

*July 16, Sugar Blues*

Sara Range

Holistic Health Coach in-training Sara Range addresses our massive and dangerous sugar addiction, with some strategies for overcoming it.

*July 23, Detoxifying, Healthy Juices, Smoothies, and Green Super Foods*

Sara Range

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Holistic Health Coach in-training Sara Range gives an overview of detoxification techniques and foods that can serve as a baseline for a healthy diet.

*July 30, Listening to Your Body*

Sara Range

Holistic Health Coach in-training Sara Range discusses the necessity of listening to our bodies and demystifies the process with simple techniques to develop this natural ability.

### Supporting Documents

 [Press Release - July at the Library](#) (250 KB) (PDF)

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